

Our team of Specialist Nurses and trained volunteers provide a range of services to help you choose the right support for you.



The nurses are well-informed, patient and so helpful. It's the most amazing resource available. Their knowledge and time is phenomenal.

Service user



You answered all my questions and gave me hope and courage for the future.

Service user

**Ask us the questions you need answers to, or just talk. We've got time for you.**



Call us on **0800 074 8383\***

Or get in touch by email, WhatsApp or Live Chat via our website:

**[prostatecanceruk.org/nurses](https://prostatecanceruk.org/nurses)**

\* Calls are recorded for training and monitoring purposes. Confidentiality is maintained between callers and Prostate Cancer UK. For our full confidentiality policy, please visit our website: [prostatecanceruk.org](https://prostatecanceruk.org)



**PROSTATE  
CANCER UK**

**QUESTIONS  
ABOUT PROSTATE  
PROBLEMS?**

**We're here for you**




# OUR SERVICES


## Speak directly to a Specialist Nurse


What's on your mind? Whether you have a specific question or need a longer chat, our expert team of Specialist Nurses are here to listen and provide free, unbiased, confidential support and information. They'll talk to anyone concerned about or affected by prostate cancer or another prostate problem. And if you're worried about someone close to you, they also help partners, family members, friends, and health professionals.

## HOW TO REACH US

Speak to our Specialist Nurses from  
**Mon-Fri: 9am-5pm, (Wed: 10am-5pm).**

 Call **0800 074 8383\***

 Get in touch by email at  
**[prostatecanceruk.org/emailnurses](mailto:prostatecanceruk.org/emailnurses)**

 Visit **[prostatecanceruk.org/nurses](https://prostatecanceruk.org/nurses)** to contact us by Live Chat or WhatsApp.

Please note our Specialist Nurses will only be able to respond during the hours above.

## Ask questions about sex or relationships

Changes to your relationships, loss of sex drive and erectile dysfunction are all common after treatment for prostate cancer. Whatever you (or your partner) want to ask, however it's affecting your sexuality or relationships, our Specialist Nurses are here to help answer your questions – even if they seem embarrassing or awkward. Visit **[prostatecanceruk.org/sexual-support](https://prostatecanceruk.org/sexual-support)** to complete a referral form to our Sexual support service or call **0800 074 8383\***.

## Speak in your own language

Our **telephone translation service** can connect you with our Specialist Nurses in over 200 languages. Call **0800 074 8383\*** and state, in English, the language you need.

## Reliable health information

Our award-winning health information is available to read, order or download from our website for free. All our publications are designed to help answer your questions about prostate cancer and other prostate problems. This includes information on tests, treatments, side effects and what to expect.



To order or download our fact sheets and booklets, visit **[prostatecanceruk.org/publications](https://prostatecanceruk.org/publications)** or speak to our Specialist Nurses.

## CONNECT WITH OTHER PEOPLE AFFECTED BY PROSTATE CANCER

### Online community

Our online community is a place to talk about whatever's on your mind – your questions, your ups and your downs. Anyone can ask a question or share an experience with like-minded people.

Visit **[community.prostatecanceruk.org](https://community.prostatecanceruk.org)**

### One-to-one support service

Our One-to-one service offers anyone affected by prostate cancer the opportunity to speak to a trained support volunteer over the telephone.



All our volunteers have lived experience of prostate cancer, including different treatments and side effects. We also have volunteers who have supported a loved one through a diagnosis. Our volunteers will listen to your issues and concerns and share their own personal experience to support you.

To find out more or to request a referral, visit **[prostatecanceruk.org/one-to-one](https://prostatecanceruk.org/one-to-one)** or call our Specialist Nurses on **0800 074 8383\***.